

# 4<sup>th</sup> ANNUAL SNAKE ISLAND FALL FOOD DRIVE

**Support the Georgina Community Food Pantry**  
**September 3<sup>rd</sup> – October 3<sup>rd</sup>, 2022**

*Clean out your cottage. Donate unopened canned food, dry goods, and fresh food.*

During the first half of 2022, the Georgina Community Food Pantry has seen a huge increase in needs compared to last year:

- Households served – 15% increase
- People served – 22% increase
- Large families 5+ people – 49% increase
- Households who visit 3-4 times/year – 42% increase

More people are using the Pantry - an incredible increase of 75% for new families (first time users). People are also coming more often, and larger families need more services.

To support clients' health, The Pantry has adopted a 'good food' policy - low/non salt, low/non sugar, high fiber.

Current high-priority needs are:

- Fresh fruits and vegetables
- Peanut butter
- Cereals (<15g of sugar per serving)
- Canned fish
- Rice – brown, basmati, etc.
- Canned vegetables

**Snake Island Cottagers delivered 400 pounds of food to the  
Georgina Community Food Pantry last year.**

**Let's beat our record!**

**Drop off at Eastpoint or Island Grove Marinas.**

**Thanks to Deb, Mike, and Peter for their support.**

*Please note: The Keswick United Church cannot accept clothing this year.*

Food can also be dropped off at Lot 143. Southwest corner of the island.  
Text 647-272-7531 for details.

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Please use this Food Pantry shopping list to guide your donation.



YOU CAN ALSO SPONSOR A FAMILY FOR 3 MONTHS WITH A GIFT CARD!

\$25 = Milk & Eggs  
\$50 = Milk, Eggs & Ground Beef

 **GEORGINA  
FOOD PANTRY**  
*Nourishing Communities. Inspiring Change.*

**Shopping List:**

- Canned Tomatoes
- Canned Soups
- Canned Vegetables
- Canned Fish / Tuna
- Broth
- Parboil Rice
- Pasta Noodles
- Crackers
- Cereal
- Peanut Butter
- Apple Sauce
- Granola Bars

*We support 'good food' for all. We request you please choose items that are:*

- *low in sodium / no salt added*
- *packed in water / natural*
- *low in sugar / unsweetened*
- *high in fibre*

Sponsorships can be made at <https://georginafoodpantry.com/donate-funds>  
Please identify your gift as part of the Snake Island Fall Food Drive.

Food can be dropped off at Eastpoint or Island Grove Marinas until  
October 3<sup>rd</sup>. Thank you for your support.

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